



Newsletter

MAVERICK NEWS

July/August/September



Joanie's Corner

You may still be able to fry an egg on the drive-

way but not for long. After that rainy spring weather followed by a dry, hot summer, the fall season will hopefully bring relief of some kind. College and Pro football has started the adrenaline flowing. Fall activities are hitting with a vengeance and you have begun your valiant campaign to stay sane while balancing the relentless demands of your schedule. Don't forget to relieve your stress here at The Maverick by working out and socializing with friends. Each month we have a "theme" potluck luncheon. The autumn months are our most active occasions. We announce all our events by flyers tacked up everywhere on the walls and doors. All the more reason to come in to stay informed and get your body in good health. Looking forward to seeing you again.

Joanie

FOURTH OF JULY

What an amazing Fourth of July fish fry we had! Everyone was decked out in their red, white and blue clothes. The generous amount of side dishes that were shared showed that the spirits were high. A huge thanks to the guys who fried the fish, hush puppies and fries. There was even the all American homemade ice cream



passed out to the first ones in line! How much more patriotic can you get than this? Besides the beer flowing and faces glowing, laughter was heard throughout the gym. This was our Norman Rockwell outing! Thanks to our members and seniors for participating in this memorable outing!



SALAD BUFFET

Brought back by popular demand, there were salads galore of every kind to eat. Who would have thought you could make a meal off these salads? Of course sweet desserts topped off the event. Two of our long time Silver Sneakers celebrated their birthday that day. Larry Innis, 73 years young, had his candle and cake to share with others and, of course, Glenda Ketchem, 80 years young, marked her milestone with a special cake made by one of her many Silver Sneaker friends. We have the best Silver Sneaker/Senior members working out here and they've made friends for life.



LABOR DAY COOKOUT

What an All American tradition of celebrating this special holiday with hamburgers and hotdogs! Great side dishes of baked beans, salads of all kinds, chips and dips, and lots of cookies, cakes and pies were provided by our ever generous members. This certainly marked the end of summer but the heat and humidity outside said otherwise! New members joined the camaraderie and friendly exchanges were made. No better place to get acquainted than these luncheons! Thanks to all who brought goodies to share.



OKTOBERFEST LUNCHEON - BRING YOUR BEST GERMAN DISH

WEDNESDAY - OCTOBER 14, 2015 @ 12 p.m.

Let's dust off the accordions and tubas for the annual Oktoberfest luncheon. Bring your best sausages, sauerkrauts, kolaches or anything German. Heck, bring what you want, it will get eaten!!

RECIPES

It seems every time there's a tasty dish on the table, it's a winner! Someone, somewhere, wants that recipe to fix themselves. So, I am compiling a stack of recipes to print and put together to share with others. Hopefully I can get enough to make a "cookbook" to pass out by Christmas. All you have to do is send me your favorite recipe or one that you have used for these luncheons at the Maverick. Give me a copy or e-mail to joanbl@sbcglobal.net. Please write your name on the recipe as well.