



Joanie's Corner

January was a break from all the hoop-la of holiday parties and binge eating. Then we took it seriously to get back into better health and working out. Of course, guilt overwhelmed us if we didn't step up our game and show up at The Maverick. Fast forward to May and you will find it is the time of year that inches ever so close to summertime. Travel and outdoor activities enter the picture. Flowers have arrived, thanks to April showers. The last Monday of May is the actual date of Memorial Day, which unofficially marks the start of summer vacation season. May's birthstone is the emerald, which represents love and success. Back track to April when Earth Day was here to give us a positive attitude to overcome the obstacles in our way of making a better future for everyone who shares this planet. This has been a breakthrough for us in our efforts and truly reflect all the goodness to make this a better earth. It's been a journey!

Joanie

FEBRUARY - Super Bowl

The betting board filled up so fast the past several years that we had TWO boards going this year. The die-hard fans wore their colors of the teams playing and pizza was the main entrée of the party. What a surprise to pass out the \$\$\$\$\$ to our winners for each quarter as several of them didn't know they won!! Bob Sullins, Roy Staton, Gil Giesler, Shirley Friesmuth, Nancy Kinzer, Tom Vogt, Dan Popp, and Marie Lidholm.



MARCH - Alzheimer Awareness

Brookdale Senior Living provided lunch and a free seminar on dealing with Alzheimer patients. Valuable information was provided on caring for them as well as how to handle certain situations. Everyone was very appreciative of learning about how to deal with this unfortunate disease. A big thanks to Brookdale for allowing time to answer numerous questions about this illness that is becoming more widespread as we get older.



APRIL - Chili Cookoff

Even though the competition wasn't as stiff as the previous years, there were still huge pots of chili that were consumed by the voters. First place went to Dorothy Hildebrand. Her husband said it was the best yet ever and that was what she called it: Best Yet Ever. Doug Robinson won second place and Carole Washburn got third place. There were hardly any leftovers as the members went back for seconds and thirds. However, the desserts and side dishes went over well too! Thanks to our participants for sharing your good chili!



WATER AEROBICS

Classes will begin on Monday morning at 7:45 a.m. on May 30th. All morning classes will be held on Monday, Wednesday and Friday at 7:45 a.m. Tuesday and Thursday evening will be held at 5:30 p.m. Please scan your card in the aerobic room before coming to the pool area. Your attendance is important to keep the program running.



MEMBERSHIP CARD SCANNING

All Maverick members can now scan their card at the doorway of the front entrance without having to climb the stairs. Please take advantage of this new convenience and scan. Thank you very much!

